

MAHMOUD ABDOU MOHAMED HELMY

Luxor, Egypt

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A dark red square containing the white letters 'MA' in a bold, sans-serif font.

Personal Information

Name: MAHMOUD ABDOU MOHAMED HELMY

Sex: Male

D. O. B.: Oct 10th, 1990

Nationality: Egyptian

Marital Status: married

Summary

Well-presented, focused, talented, and organized doctor with high interpersonal skills. Strong work ethic, professional demeanor, and great initiative. Focused on making a difference and driven to gaining experience.

Education

Qena Faculty of Medicine, South Valley University, Egypt Master Degree in Obestetrics & Gynecology — march 2016- march 2019

Qena Faculty of Medicine, South Valley University, Egypt Bachelor of Medicine and Surgery MBBCH Degree — Oct 2009- Jan 2014

- Summa Cum Laude (Excellent with Honors)

- Medical Academic Performance:

- 2009 First year: Summa Cum Laude
- 2010 Second year: Summa Cum Laude
- 2011 Third year: Summa Cum Laude
- 2012 Fourth year: Summa Cum Laude
- 2013 Fifth year: Summa Cum Laude
- 2014 Sixth year: Summa Cum Laude

Clinical Experience

Luxor Military High School

Baccalaureate Diploma — Sep 2006- Jul 2008

- **Summa Cum Laude (Excellent with Honors)**

Biology, Chemistry, Physics, Mathematics, Statistics, English

Clinical demonstrator in Obstetrics & Gynecology department , Qena University Hospitals , South Valley University, Egypt

— Jun 2019- present

Resident in Obstetrics & Gynecology department , Luxor General Hospital, Egypt

— April 2019 - May 2019

Co-ordinator doctor in Assisted Reproduction Unit Qena University Hospitals , South Valley University .

- Oct. 2016 – may 2017

Resident in Oncology unit , in Obstetrics & Gynecology department , Qena University Hospitals , South Valley University .

- Oct. 2017 – may 2018

Resident in fetal medicine unit , Qena University Hospitals , South Valley University .

- Oct. 2018 – may 2019

Passed the Basic Training program of condition pulum Restiscitation (CPR) of the continuous medical education center of Qena Faculty of Medicine , South Vally University.

- 25th – 26th Jun 2017

1st Assistant doctor in more than 500 cases of C.S delivery in Obstetrics & Gynecology department, Qena University Hospitals .

- march. 2016 – march 2017

1st Assistant doctor in more than 100 cases placenta previa & Accreta in Obstetrics & Gynecology department, Qena University Hospitals .

1st Assistant doctor in more than 50 cases of TAH & more than 20 Cases of Radical Hysterectomy & LN dissection in Obstetrics & Gynecology department, Qena University Hospitals .

Main Surgeon of :

- more than 500 cases of C.S and more than 300 cases of NVD
- more than 20 cases of C.S of placenta previa & placenta accreta
- more than 20 cases of Simple TAH & BSO
- more than 20 cases of Myomectomy
- more than 10 Cases of classical pepour .
- more than 100 cases of diagnostic Lapnscepy
- more than 200 cases diagnostic Hystonscepy
- more than 50 cases of cervical cerclage

Conferences, Workshops

1. **Speaker at the 3rd Upper Egypt Conference of Obstetrics & Gynecology, Cairo , Egypt 23th - 25th Jan 2019.**
2. **Speaker at the 5th Conference of young researcher for medical sciences , south valley university , 11th - 12th march, 2019.**
3. **Speaker at the 3rd scientific forum for fetal medicine unit , Qena , Faculty of medicine, south valley university , 28th march, 2019.**
4. **Speaker at 1st scientific forum for Assisted Reproduction unit , Qena , Faculty of medicine, south valley university , 4th - 6th oct, 2018.**
5. **2nd Upper Egypt Conference of Obstetrics & Gynecology, Hurgada, Egypt, 20th - 22th April 2018.**
6. **1st Upper Egypt Conference of Obstetrics & Gynecology, Cairo, Egypt 21th - 23th Jan 2017.**
7. **National Training Workshop about Adolescent Health held by the National Egyptian Committee of Education, Science and Culture, Oyun Musa, Egypt, 8th-12th Oct 2017.**
8. **2nd International Scientific Conference and Workshop of Ajjal Hospital —Advances in the Management of Infertility|| , Hurghada, Egypt, 21st-23rd Dec 2016..**

Honors and Awards

- **Award of young researcher for medical science , south valley university ,of 11th – 12th march 2019, Second place .**
- **Award of the Best Resident in Obstetrics & Gynecology department , Qena university hospital 2018 ,First place .**
- **Award of Qena faculty of medicine football championship , 19th – 21th Nov 2015 , Second place .**
- **Award of Qena faculty of medicine football championship , 10th – 21th Des 2014 , First place .**

Memberships and Positions

- **Member of Egyptian Medical Syndicate, 2014- present.**
- **Member of —Zad|| Charity Organization in Egypt – Luxor, 2013- present.**
- **Member of —Resala|| Charity Organization in Egypt – Luxor branch, 2010- present.**
- **Member of Kena Medical Students Association (KMSA), 2011- 2013.**
- **Member of IFMSA-Egypt (International Federation of Medical Students Association), 2011-2013.**

Community service

- **Medical campaign in Sohag Cancer Institute for enforcement and psychological support to cancer patients, Apr 2015.**
- **Awareness campaigns in Qena Secondary School for girls against breast cancer, Feb 2015.**
- **Awareness campaigns against Hypertension disease and its complications and measurement of blood pressure for public, Sep 2014.**
- **Awareness campaigns in rural and low socio-economic areas against Female Genital Mutilation (FGM), May 2014.**
- **Ophthalmology campaign in Qena Primary School for scanning congenital anomalies and refraction errors, Jan 2014.**
- **South Valley University awareness campaigns against Hepatitis C and methods of prevention and prophylaxis, May 2013.**
- **Awareness campaigns against Tuberculosis in rural and low socio-economic areas, Aug 2012.**

Summer occupation

- **Emergency and Critical Care Department – Qena General Hospital: Training to be able to work under stress and practice basic surgical skills as (stitching, inserting IV lines and management of burns), 2010-2013.**
- **Pharmaceutical training: one summer season to experience different forms of generic and brand drugs, 2012.**

Languages

- **Arabic (Native proficiency)**
- **English (Professional working proficiency)**

| | Understanding | | Speaking | | Writing |
|---------|---------------|-------------|---------------------------------|-------------|--------------------|
| | Listening | Reading | Participate in the conversation | Oral speech | written expression |
| Arabic | Experienced | Experienced | Experienced | Experienced | Experienced |
| English | Experienced | Experienced | Experienced | Experienced | Experienced |

Skills

- **Volunteer worker**
- **Decision-making under pressure**
- **Courageous**
- **Collaborative**
- **Practice-based learning**
- **Calm under pressure**
- **Open-minded and communicative**
- **Strong interpersonal skills**
- **Humane and respectful**

Interests

- **Scientific Research**
- **Evolutionary Biology**
- **Football**
- **Bodybuilding**